Tides PROGRAMS
Support For Every Wave of Grief

(814) 692-2233 | WWW.TIDESPROGRAM.ORG





VOLUNTEER WITH TIDES

Make a difference. Be part of someone's support system.

Tides Programs provide grief support for children, teens and adults. Our volunteers help create a welcoming space where grieving individuals and families feel supported and understood. A time commitment of just 2.5 hours twice a month is all that is needed to make a difference.

WAYS TO GET INVOLVED

Support programs like Tides Night by helping implement theme-based activities, crafts and more! There are opportunities to assist in community outreach and fundraising events as well.

EVERY VOLUNTEER MAKES A DIFFERENCE

Join us. So no one has to grieve alone.

INTERESTED IN VOLUNTEERING?

Contact Ashley to learn more about volunteer opportunities and requirements.

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